

## Primary School Menu Winter/ Spring 2011/2012

### WEEK 1

**Week Commencing** – 31<sup>st</sup> October 2011, 28<sup>th</sup> November 2011, 9<sup>th</sup> January 2012, 6<sup>th</sup> February 2012, 12<sup>th</sup> March 2012

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Meal</b>	Home Made Pizza	Turkey, Veg & Sweetcorn Casserole	Savoury Mince & Rice	Freshly Carved Roast Pork & Apple Sauce	Battered Fish (small fry)
<b>Meal</b>	Breaded Salmon Fillet (salmon small fry)	Vegetable Sausages	Cheesy Pasta Bake	Cauliflower Gratin (Cauliflower Cheese)	Veggie Casserole
<b>Potato or Bread</b>	Jacket Potato, Mash and Pasta	Mashed Potatoes	Potato Wedge, Mash and Pasta	Roast Potatoes	Chips, Mash and Pasta
<b>Vegetable/ Beans</b>	Peas & Baked Beans	Broccoli & Carrots	Sweetcorn & Peas	Shredded Cabbage & Carrots	Baked Beans & Sweetcorn
<b>Dessert</b>	Fruit Crumble & Custard (Apple & Apricot) & Jelly, Fruit	Dee Licious Ice Cream (Strawberry & Vanilla or Chocolate & Vanilla)& Jelly, Fruit	Vanilla Crunch & Strawberry Sauce& Jelly, Fruit	Chocolate Pudding & Chocolate Sauce& Jelly, Fruit	Vanilla Cupcake with Sprinkles, custard & Jelly, Fruit

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A wide selection of freshly prepared salads and home made bread will be available daily.  
Fresh Fruit, Jelly or Cheese and Biscuits are also available as an alternative dessert.

### WEEK 2

**Week Commencing** –7<sup>th</sup> November 2011, 5<sup>th</sup> December 2011, 16<sup>th</sup> January 2012, 20<sup>th</sup> February 2012, 19<sup>th</sup> March 2012

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Meal</b>	Cheese & Ham Carbonara	Sausage and Mash	Home Made Meatball & Tomato Sauce	Freshly Carved Roast Chicken & Stuffing	Fish Fingers
<b>Meal</b>	Vegetable Ravioli	Vegetable Sausage & Mash	Sweet & Sour Vegetables	Shepherdess Pie	Cheese & Tomato Enchiladas
<b>Potato or Bread</b>	Mashed Potato, Pasta	Mash. Pasta and jacket potatoes	Tagliatelle 7 Mash	Roast Potatoes & Mash and Pasta	Chips, Mash & Pasta
<b>Vegetable/ Beans</b>	Broccoli & Carrots	Baked Beans & Tomatoes (tomatoes tinned or fresh)	Peas & Sweetcorn	Mashed Swede & Broccoli	Baked Beans & Peas
<b>Dessert</b>	Iced Sponge	Local Marybelle Yogurt & Fruit Slice	Chocolate Crunch & Pink Custard	Oaty Fruit Crunch & Custard (Strawberry Pie filling)	Syrup & Cornflake Tart & Custard
	A wide selection of freshly prepared salads and home made bread will be available daily. Fresh Fruit, Jelly or Cheese and Biscuits are also available as an alternative dessert.				




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### WEEK 3

**Week Commencing** –14<sup>th</sup> November 2011, 12<sup>th</sup> December 2011, 23<sup>rd</sup> January 2012, 27<sup>th</sup> February 2012, 26<sup>th</sup> March 2012

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Meal</b>	Spaghetti Bolognese	Chicken Breast Curry & Rice (1 Chicken breast/grill per portion ) Very Mild	Meatball Pizza (1 meatball per slice cut in half)	Roast Beef & Yorkshire Pudding	Salmon Bites
<b>Meal</b>	Quiche	Cheese & Tomato Pasta	Margarita Pizza	Vegetable Samosa	Cheese & Potato Pie
<b>Potato or Bread</b>	Garlic Flat Bread & Mash, Pasta	Potato, Mash & Pasta	Jacket Potato, Mash & Pasta	Roast Potatoes, Mash and Pasta	Chips, mash & Pasta
<b>Vegetable/ Beans</b>	Broccoli & Sweetcorn	Carrots & Peas	Baked Beans & Sweetcorn	Roast Parsnip & Carrots	Baked Beans & Peas
<b>Dessert</b>	Flapjack & Custard	Strawberry Love Cake & Pink Sauce	Sticky Toffee Pudding & Ice Cream	Fruit Crumble & Custard (Apple)	Chocolate Fudge Slice
	A wide selection of freshly prepared salads and home made bread will be available daily. Fresh Fruit, Jelly or Cheese and Biscuits are also available as an alternative dessert.				




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### WEEK 4

**Week Commencing** –21<sup>st</sup> November 2011, 3<sup>rd</sup> January 2012, 30<sup>th</sup> January 2012, 5<sup>th</sup> March 2012

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Meal</b>	Italian Chicken Breast (Chicken Breast/Grill, Pizza topping & cheese)	Savoury Pin Wheel & Mashed Potato	Fish Goujons	Roast Lamb & Yorkshire Pudding	Sausages
<b>Meal</b>	Vegetable Frittata	Cheesy Jacket Melt	Vegetable Casserole	Vegetable Gratin	Vegetable Sausages
<b>Potato or Bread</b>	Mash, Pasta & Jacket Wedges	Herby Flat Bread, Mash & Pasta	Sauté Potatoes, Mash & Pasta	Roast Potatoes	Chips , Mash and Pasta
<b>Vegetable/ Beans</b>	Sweetcorn & Broccoli	Peas & Carrots	Baked Beans & Sweetcorn	Medley of Roasted Vegetables	Baked Beans & Peas
<b>Dessert</b>	Icecream & Shortbread biscuit	Marble Crunch & Chocolate Custard	Apricot Shortcake & Custard	Steamed Jam Sponge & Custard	Chocolate Brownie & Ice Cream
	A wide selection of freshly prepared salads and home made bread will be available daily. Fresh Fruit, Jelly or Cheese and Biscuits are also available as an alternative dessert.				

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